







6 - 8 April 2010, Ankara, Turkey (Course), 9 - 10 April 2010, Konya, Turkey (Symposium)



The 9<sup>th</sup> Applied Laparoscopic Urology Course is accredited by the EU-ACME Committee with 27points







POST<sub>2</sub>COURSE



# 9th Course a Great Success



#### Dr. Selcuk Guven

Secretary of the 9th Applied Laparoscopic Urology Course and Symposium, Selçuk University Meram Faculty of Medicine, Department of Urology Konva

#### Laparoscopy Continues Beaming with Applied Laparoscopic Urology Courses and Symposiums

The 9th Applied Laparoscopy Course and Symposium was held between the 6th and 10th April 2010. The laparoscopy course was held between the 6th and 8th April in Ankara and the symposium on the 9th and 10th April at Dedeman Hotel in Konya.

#### Course

In 9th course, dry lab training and theoretical-video sessions were given at Vali Galip Demirel resort center, one of Ankara's decent corners at the lake, within the mood of a laparoscopy camp. The animal research laboratory at Gülhane Military Hospital Research Center was once again available for wet lab training. Out of the 36 participants, 5 residents attended by virtue of ESRU, and two joined from Egypt.

The laparoscopy training was provided by both Turkish and international trainers from Germany, Italy, Greece, England and Egypt. In the theoretical-video sessions, participants were provided with the necessary theoretical information for laparoscopy. In the videos prepared by the tutors for the course participants the topic were; equipment, ergonomics, laparoscopic procedure task analysis, the simplest – most complex interventions, complications, and tips & tricks. Both the participants and the tutors enjoyed all the video sessions, interactive in nature. The laparoscopic skills development video and the steps prepared by Prof. Dr. Yaşar Özgök & team. During the evenings, social activities provided the



opportunity to socialize with the tutors as well as the other participants at the lakeside resort.

#### Symposium

After the course, the participants and the trainees joined the symposium held in Konya. Approximately 300 urologist and urology residents attended this meeting. Overall, 8 live laparocopic urologic procedures were performed and broadcasted via satellite performed by the worldwide known laparoscopic surgeons for the participants. During the symposium Prof. Dr. Vito Pansadoro performed a live laparoscopic radical prostatectomy, Prof. Dr. Ali Riza Kural performed a live robotic assisted radical prostatectomy, Prof. Dr. Pilar Laguna perfomed a laparoscopic RFA (a small renal mass), Prof. Dr. Jeffrey Caddedu performed a single port nephrectomy (an atrophic kidney), Prof. Dr. Yasar Ozgok and Prof. Dr. Ismet Yavascaoglu performed laparoscopic radical nephrectomies. In addition to the senior laparoscopic surgeons, young urologists including Dr. Altug Tuncel, Dr.Yılmaz Arslan, Dr. Mert Altınel and Dr. Murat Arslan performed live laparoscopic radical nephrectomies. Additionally, Prof. Dr. Jean de la Rosette, Prof. Dr. Pilar Laguna, and Prof. Dr. Jeffrey Caddedu gave lectures concerning the latest developments in laparoscopic renal surgery.

We would like to express our deepest gratitudes to; Prof. Dr. Yasar Ozgok from Gülhane Military Medicine Academy and associate Prof. Dr. Lutfi Tunc from Gazi Univesity Faculty of Medicine for organizing this great meeting. The contributions of Turkish Urology Association, with an extremely successful board, to the development of laparoscopic surgery in Turkey have been approved by all.

We were proud in housing Applied Laparoscopic Urology Symposium at Selçuk University, Meram Faculty of Medicine, in Konya, the city of tolerance and love. I deem myself obliged to express personally using this opportunity my heartfelt gratitude to the chair, Prof. Dr. Ates Kadıoğlu, and all the members of the Turkish Urology Association board for their endless support for holding this symposium in Konya.







Vito Pansodoro

Dear all,

The 9th Applied Laparoscopy Course and Symposium which I participated in Turkey was all the way excellent.

Presentation and discussion was at very high level. Friendship and camaraderie was palpable in every moment. And this is what counts, in the very end.

Exchange of knowledge, experience, tips and tricks around a good table are more important than talks.

Live surgery is always very good teaching because it is real! You did an excellent work.

I hope you will join our meeting in June in Rome.

www.challenges in laparoscopy 2010

Looking forward to meet you again





Jeffrey A. Cadeddu, M.D.

Professor of Urology and Radiology University of Texas Southwestern Medical Center at Dallas, USA

Dear Colleagues,

I'm delighted to participate in the 9th Applied Laparoscopic Urology Course and Symposium which took place in two different locations in Turkey.

I think both the course and the symposium were well organized offering laparoscopy training including theoretical lectures, box training, box practicing and hands on training on pigs in the procine lab. It was interesting to see that the course trainers and educators were composed of both Turkish and European urologists. Similarly, not only Turkish trainees but also international trainees mainly from neighboring countries from the region attended to get basic laparoscopy urology training which I think makes this course international. Most importantly, inclusion of a variety of live laparoscopic surgical procedures such as laparoscopic kidney and prostate surgery performed by international laparoscopic reknowned urologic surgeons with interactive discussions made this whole event much more educational.

I recommend this course which is accredited by the European Board of Urology to trainees who are particularly interested in laparoscopic urology.









Associate Prof. Lutfi Tunç

Gazi University, School of Medicine Department of Urology Ankara

Dear Friends,

I am very that we have successfully completed the 9th Applied Laparoscopic Urology Course in Ankara.

We are very pleased that the announcement of this course appears in the EAU website and is accredited by the EU\*ACME by a very high point of 27 CME credits.

During the course, the participants had the chance of getting laparoscopy training from both national and international course trainers. Traditionally, our courses include 3 sections: video presentations of basic laparoscopic urologic procedures, practicing on training boxes and performing laparoscopy on pigs under anaesthesia in the animal research laboratory.

During this course we also had very well known worldwide experts such as Prof. Laguna and Prof. De La Rosette who participated in our course.



Bente Toft / Clairperson of the European Association of Urology Nurses



Prof. Dr. Yaşar ÖZGÖK

Course President

Dear Colleagues,

We successfully completed the 9th Applied Laparoscopy Course which was held on 6-8. April. 2010 in Ankara.

In collaboration with Gazi University, School of Medicine, Department of Urology we are very happy to organize our 9th course.

International course trainers joined us again to give training to the course participants. Selected residents from European countries also attended our course through European Society for Residents in Urology (ESRU). Our course is again accredited by one of the highest point (27 CME) by the European Board of Urology (EBU). Therefore, our course is regarded as an international course drawing attention of many colleagues who have an interest in this field of urology.

The course again includes training box practicing, performing laparoscopic urologic procedures on pigs in the animal research laboratory, video presentation of laparoscopic urologic procedures and lectures.

The Laparoscopy Course for Operating Theatre Nurses is also incorporated in our course which I think is a very important part of the whole course. Having a well trained laparoscopic urology nurse will make a significant difference and would be very helpful for the urologist in performing laparoscopic procedures.

I look forward to meet you all during the next course which will be organized in Athens!







Prof. Jean de la Rosette

The future to come is here.

Laparoscopy has been rapidly embraced by the urological community and has rapidly replaced traditional surgery. It has become the gold standard in many urological procedures including radical prostatectomy, radical nefrectomy, pyeloplasty and many others. Alongside this development goes the need for a scientific support of such a transition.

Three factors are crucial for a successful transition of skills and knowledge: training, networking, and expertise. The applied laparoscopic urology courses meet all these requirements and facilitate the need of many. On one hand the hands-on training courses organized at occasion of these meetings transfer the skills from the teachers to the pupils whereas the international composition of the team support the globalization of the training program. On the other hand the state-of-the-art lectures transfer the knowledge of the teachers to the participants.

The 9th course on applied laparoscopy is a fine example on how modern training should be organized. Future courses need to elaborate on incorporating new developments in laparoscopic surgery and reaching out to the future generation.







M. Pilar Laguna

Dear Colleagues,

The course in Konya impressed me by the impecable organization and the up to date the provided o the most important and currently hot topics in urology. Training received special attention in the two courses Ankara and Konya.

A bunch of dedicated young trainers were coaching a selected group of beginners in Laparoscopy in the animal lab. I had the opportunity to assist in direct to their performance and equals any other high standard lap training course available.

Live surgery was dedicatelly prepared and planned. Last but not least all foreign attendes have the opportunity the njoy the warm hospitaly and scientific rigour of our hosteses. Yours sincerely and looking forward to see you soon.







Luba Zusman

Turkey is one of the most favorite places for Russian tourists. I was very happy when I found out that Laparoscopic Urology Course will be held in Turkey. This was a wonderful opportunity to discover a new country, but also to learn something new.

To start, I visited the following website www.turkurolap.org and had information both about the course program and the history of this course. My expectations were met with interest. Excellent organization allowed us to focus on the highlights of the organization of laparoscopic operations. The first - a harmonious work of the operating team. Excellent training for the nurses was organized by the leading experts in this field.

We had practical training on pigs in special vehicles. This was accompanied by video presentation of the basic exercises that had to be performed on the simulators. All courses were accompanied by the work of highly qualified coaches who were very helpful in teaching the nuances of laparoscopic surgery. The course also gave us to see the exhibition of the laparoscopy equipment companies, who presented their equipments for laparoscopic surgery, and much connected with it.

The most unforgettable moment was, of course, the operation on pigs. Each group performed nephrectomy. The training was conducted under the guidance of experienced professionals. The next day we were asked to repeat this training, but independently, under the supervision of the trainers. It was a great opportunity to consolidate their knowledge and skills.

Over the next two days, there were live operations performed by the leading experts in the world. It was a tremendous opportunity to communicate with these people. The symposium program was very extensive and interesting. Turkish people are very hospitable and Turkish cuisine was amazingly delicious.

The course venue was located in a very beautiful place by the lake. The city of Konya was very nice as well. Thanks to the organizers of the Course and Symposium which was an unforgettable experience for all of us. And also special thanks to Dr. Ali Gözen for his help and support during the entire meeting.







Dr. Oguen Ivanovski

Macedonia

First of all, I would like to thank you for inviting me to this laparoscopy course as a ESRU NCO of Macedonia.

I am urologist in Macedonia and a research fellow in Paris, France. I found this course extremely useful in terms of gaining basic laparoscopic skills. I was especially delighted by the laparoscopy session on pigs. This course was a very well organized course. This was the best hands-on laparoscopy course that I have ever been. During the symposium, live laparoscopy surgical sessions were very well organized and were very useful. Finally, I look forward to attend this course next year again. As Macedonia and Turkey, we share lots of common things. I hope we could progress all together towards a better urological practice in our region.

Thank you again.







Joanne Cresswell

United Kingdom

Dear Colleagues,

I was delighted to participate in the 9th Applied Laparoscopic Urology Course and Symposium at the invitation of my friend Ali Serdar Gozen and his colleagues. This was my first visit to Turkey and the hospitality from my Turkish hosts was wonderful.

The course was well-organised and the facilities gave the trainees a balanced mix of theoretical, dry and wet lab training. The symposium was exciting with an excellent international and national faculty, and there was a good range of live operative procedures. The conference venue was pleasant with high quality audio visual facilities, and my gratitude goes to the translators who spent many hours interpreting for those of us who aren't conversant in Turkish.

It was an honour and a pleasure to be part of this exciting event, and I thoroughly enjoyed meeting so many new colleagues and friends. Thank you all

Dr. M.Murat Rifaioğlu Osmaniye State Hospital

Turkey

It has been 1 year since I completed my residency in urology and currently, I am working at Osmaniye State Hospital.

I am very happy to mention that attending the 9th Applied Laparoscopic Urology Course has been one of the very critical turning points in my urological career.

I would like to thank to Professor Yasar Özgök and all the course trainers who took part in this course.

I think that this course will be one of the most indispensable courses that urologists would like to attend.

#### Respectfully,













Dr. Amr Massoud

The National Institute of Urology and Nephrology Cairo-Egypt

it was my 2nd time to attend the Applied laparoscopic urology course and symposium as a trainer. it was the 9th. course at that time. I was eager to attend this course for the 2nd time, and I hope to be able to attend it every time. The course is covering all aspects needed by a starting Laparoscopist. The trainees , our Junior colleague , found it very fruitful and meeting all their expectations, as the course included, lectures with video presentations suitable for beginners , training boxes to experience and improve their basic handicrafts , and performing laparoscopic nephrectomy for pigs in animal laboratory and all facilities were always ready for best benefit and performance of both trainees and trainers as well.

the trainees thought that they had everything in the course but they found out that the symposium is another way of scientific satisfaction where they watched , listened and discussed live surgeries with a number of professors who are well known urology laparoscopist from all over the world while they were performing all types of major laparoscopic urology surgeries with life transmission. I remember one of the trainees who said " I am very happy that I came to this course and symposium because i think I had it all , a



Dr.A.Erdem Canda

Urologist Ankara Atatürk Training and Research Hospital 1st Urology Clinic Ankara, Turkey

After the 9th Applied Laparoscopic Course held in Ankara

Dear colleagues,

I am very pleased that we have successfully completed the 9th course which was held in a very beautiful place located by the Gölbaşı Lake in Ankara.

Once again, the course participants had the opportunity of getting training in basic laparoscopic urology. This training included three steps: a. Training box practicing, b. Watching laparoscopic urologic video presentations and, c. Hand-on laparoscopic urologic training on anaesthesized pigs in the animal research laboratory that includes trochar insertion, tissue dissection and performing transperitoneal laparoscopic nephrectomy.

In addition to the national course participants, we again had many international trainees from Hungary, Russia, Egypt and Greece. We had course trainers from United Kingdom, Egypt, Germany, Greece, The Netherlands and United States.

Next course will be held in Athens, Greece in collaboration with the Hellenic Association of Urology in 2010. We look forward to see you all in Athens! lot of scientific discussions, knowledge , hands on pig nephrectomies , watching our professors performing surgeries this is beyond my expectations".

I believe not only the scientific content was the reason for the great success of the course and symposium, but also the obvious friendly atmosphere expressed by the organizers, trainers, and hence the trainees, was one of the main reasons of the success. Because every body was doing his task properly, the organization of the course and symposium was perfect, and no complains were recorded , everything was as planed and scheduled, all events were on its planed time even transportation were never late or away of the schedule. The choice regarding accommodation was successful as both hotels were comfortable with all facilities available with lovely views.

I really do not know what more could be done to add to the course? but may be we can arrange a more advanced program for those who attended the course and needs to keep on training and upgrading, may be through making there schedule including only animal laboratory and symposium, so spending more time doing on hands surgeries in animal laboratory, and may be to scrub as an assistant with our dear Professors to gain directly from their experience. As usual , no one saved any effort in this course and that is why it is always a big success.



#### Dilek Yuksel

Urology Nurse Selcuk University, Meram Medical School Urology Department Konya / Turkey

Since 15 years, I have been working as a nurse in the urology operating theatre. I was in a constant endeavor to improve my professional practices and sought for opportunities for exclusive education in special surgical methods. In 2006, I attended the 4. Applied Urologic Laparoscopy Course and Symposium organized for lapararoscopic urology nurses. There, I met nurses from other clinics and had the opportunity to exchange our knowledge. The experiences that I acquired enabled me to be more helpful to the laparoscopic surgeons in the operation theatre.

This time we hosted the 9th Applied Laparoscopic Urology Symposium in Konya. Overall, 5 live laparoscopic surgeries were carried out and broadcasted from our operation theatre.

I am most grateful to the staff of Turkurolap and the team for providing this opportunity to us.







Olesya Shkabko NCO and Web manager ESRU Russia

It was a great pleasure for me to have an invitation to participate in this course, and it was bid deal from your side to take this chance for some NCO`es of ESRU who interested in laparoscopy.

As I am a last year resident in Research Institute of Urology, Head Urological Clinic in Russia, it was difficult for me to realize that after the first day of training I learnt more laparoscopic skills compared to 1,5 years of residency as being a 1st or 2nd assistant in laparoscopic urologic operations in my institute. Surprisingly, it was only after practicing on the training boxes!

We had perfect trainers, and I would like to thank to all of them again and again!

The training on pigs were so excellently organized that at the end of the course each of us was able to perform all of the steps of the operation for 2 times.

I will definitely recommend to all of my colleagues to participate in this training course in the future!



#### Emre HURI, MD, FEBU

Ankara Training and Research Hospital Department of Second Urology Clinic Chairman of Turkey ESRU

The Expected Success In International Laparoscopy Course: Congragulations

#### Dear Colleagues,

The laparoscopic surgery is gaining more popularity in the world especially among the residents and new urologists. However, the quality of training methods have been increased parallel to the new technologies by the expert senior laparoscopic surgeons.

9th applied laparoscopy course showed great success for the attendees, especially the training in pigs were appreciated during this period of course. It could be exactly sought that this course proved the quality of training method in Europe and the world with so many international coursiers. For this course, ESRU selected five residents from the various European countries to attend the course. The satisfaction of ESRU residents was worth seeing at the end of the course.

It was very pleasure to see the support of the course organizers for the urology residents and new urologists. I believe that this course will be one of the most popular courses in the world. We will see together.

Hope to see you next course!



Dr. Mutlu Ateş, M.D.

Assistant Professor in Urology Afyon Kocatepe University Afyon / Turkey

Dear Colleagues

It was a honor for me to attend these courses since 2. Urologic Laparoscopy Course and Symposium and to be a member of this family.

I met many Urologist and specialists from other clinics and had the opportunity to exchange our laparoscopic experience. By the way, I have not only attended the course as a trainer but learned many tips and tricks of laparoscopy and improved my experience.

As well as at 9th Applied Laparoscopic Urology Course and Symposium, our courses have an extending international concept in last few years so as that next course will be organised at Athens, Greece in collaboration with the Hellenic Association of Urology in 2010.

I will be very happy to meet all my national and international colleagues and share our experiances together with new trainees at the next course in Athens.







Dr. Yılmaz Aslan

Numune Research and Training Hospital 3rd Department of Urology Ankara, Turkey

Dear Colleagues,

Since last few years ago people learned course detail from an announcement in the official web site of Turkish Urology Association, Turkey ESRU and also Turk Urolap. Nowadays people now know that this course has been held regularly twice a year. They don't necessary to go abroad to learn laparoscopy.

In my opinion, the most important feature of this course is having a dedicated of organization committee. Like the previous courses, many worldwide known laparosocopic experts such as Prof. De la Rossette, Prof. Pilar Laguna, Prof. Jeffrey Cadeddu and Prof. Vito Pansodoro attended and lectured in the 9th Course. I am very happy to meet our both national and international colleagues during this course. Trainees had the chance to practice on the training-boxes and performed laparoscopic procedures such as nephrectomy on pigs in the animal research laboratory. Lectures were given regarding new techniques, tip and tricks of laparoscopy and interactive discussions were made during the video presentations.

I believe, being exposed to this experience will be very helpful for us to develop not only our skills but also improve our perspectives. Of course, learning new skills is important but being able to gain trainees' hearts and building up a strong friendship are the most important things for me. Thank you so much for everything. I'm very pleased to be a member of this great team would very much like to work with them again in the future courses.



#### Dr. Alexander Medvedev

Krasnodar Regional Hospital №1 Department of urology №2 Krasnodar, Russia

Dear Colleagues,

The course was excellent for me with my total experience (two years of residency and three years as a practicing urologist). In our department we do perform laparoscopic surgery (radical transperitoneal nephrectomy, radical transperitoneal and extraperitoneal prostatectomy, cystectomy with ortotopic and heterotopic derivation, etc.), but young doctors may take part in operations only as a camera assistants. So, I haven't had any practical laparoscopic skills before attending this course.

Accommodation was very good, and we ddid not have any problems with that during all period. Friendly staff and organization committee, rich social program and variety of services, all of this made our period of stay very nice. Organization of the educational and training program was well considered.

Laparoscopic training on pigs was a very important part of this course. Everyone should do his operation from start to finish at least for 1 or 2 times.







# Training box activities and Video presentation













# Hands-on training in the animal research lab











# Social activities during the course









